

John Sample

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OBJECTIVE

Obtain **Middle School Physical Education Teacher** position to encourage student development and healthy habits. Interest in coaching soccer, basketball, and volleyball.

EDUCATION

Bachelor of Science in Physical Education 5/20xx
University of Wisconsin-Madison, Madison, WI GPA: 3.4/4.0

Certification

Qualified for Wisconsin License 20xx-20xx

- Physical Education, EC-A(K-12)

Professional Development

Standard and Emergency First Aid, and Cardiopulmonary Resuscitation (CPR) 7/20xx
Certified Fitness Consultant (CFC) 6/20xx

TEACHING EXPERIENCE

Student Teacher, Grades 9-12 8/20xx-12/20xx
Leopold High School, Middleton, WI

- Instructed 2 daily health education classes on proper nutrition, body systems, mental health awareness, and substance abuse prevention
- Developed units on floor hockey, pickle ball, soccer, and volleyball for 30 9th and 10th graders
- Coordinated a panel of mental health experts in conjunction with school counselor to inform students about suicide prevention information and resources
- Planned strength and cardiovascular training activities for 20 upper-level students

Student Teacher, Grades 6-8 3/20xx-5/20xx
Prairie Middle School, Madison, WI

- Designed and implemented physical education units for 3 classes with an emphasis on teambuilding and lifelong fitness skills
- Supervised weekly open gym and used classroom management skills to ensure student safety
- Created system for students to track exercise and personal fitness progress
- Directed a new month-long program on body-image awareness and self-esteem

Practicum Student Teacher, Grade 2 8/20xx-12/20xx
Thoreau Elementary, Madison, WI

- Taught and observed general education classes, focusing on literacy and spelling units
- Chaperoned field trip to indoor rock climbing facility and implemented student safety policies
- Organized a week-long unit on nutrition and healthy food choices
- Implemented and observed different classroom management techniques to gauge effectiveness with group of 26 students

COACHING & TUTORING EXPERIENCE

Student Tutor 8/20xx-Present

Schools of Hope, Madison, WI

- Presented on effective tutoring techniques to 30 new tutors
- Provided one-on-one reading and math tutoring to elementary students in a variety of schools

Intramural Sports Participant 8/20xx-Present

Soccer, Basketball, and Volleyball, Madison, WI

- Collaborated with teammates during practices and competitions up to 10 hours per week
- Communicated with 20 teammates about practices, game schedules, and skill development as volleyball team captain

Karate Instructor Summers 20xx-20xx

Karate 101 Studio, Madison, WI

- Tailored lesson plans to a variety of students ensuring each student received the maximum benefit from each class
- Answered questions before and after class to promote student success and belt achievement

INTERNSHIP EXPERIENCE

Physical Therapy Assistant Intern 8/20xx-Present

Madison Physical Therapy, Madison, WI

- Shadowed therapists during daily interactions with patients to understand rehabilitation experience and patient progress
- Worked side-by-side with chiropractors to develop an understanding of prevention, diagnosis, and treatment of different physical injuries and types of back pain
- Learned proper crisis management skills and procedures through staff seminars
- Provided office support for staff by filing patient exercise and treatment plans

ORGANIZATIONAL INVOLVEMENT

Sigma Chi Fraternity 8/20xx-Present

Health Occupations Student Association (HOSA) 8/20xx-Present

TECHNOLOGY IN EDUCATION

Classroom Experiences

- Advanced proficiency in Microsoft Office (Excel, Word, Power Point, Publisher, and Access)
- Experience using smart board to teach lessons and engage students in technology
- Incorporated technology such as videos, visual data representation, and interactive review games into majority of lessons to allow students further interaction with information
- Basic troubleshooting skills concerning information technology