

## EDUCATION

### **Bachelor of Science in Physical Education**

5/20xx

University of Wisconsin-Madison, *Madison, WI*

GPA: 3.4/4.0

Licensure: Qualified for Wisconsin License 20xx-20xx • Physical Education, EC-A(PreK-12)

Certifications: Standard and Emergency First Aid, and Cardiopulmonary Resuscitation (CPR)

7/20xx

Certified Fitness Consultant (CFC)

6/20xx

## TEACHING EXPERIENCE

### **Student Teacher, Grades 9-12**

8/20xx-12/20xx

Leopold High School

*Middleton, WI*

- Instructed two daily health education classes of 25 students on proper nutrition, body systems, mental health awareness, and substance abuse prevention
- Developed units on floor hockey, pickle ball, soccer, and volleyball for 30 9<sup>th</sup> and 10<sup>th</sup> graders
- Coordinated a panel of mental health experts in conjunction with school counselors to inform students about suicide prevention information and resources
- Planned strength and cardiovascular training activities for 20 upper-level students
- Synthesized lesson plans with educational technology (Kahoot, Nearpod, Flipgrid) to support student engagement in the learning process

### **Student Teacher, Grades 6-8**

3/20xx-5/20xx

Prairie Middle School

*Madison, WI*

- Facilitated physical education units for 3 classes with an emphasis on teambuilding and lifelong fitness
- Supervised weekly open gym and used classroom management skills to ensure student safety
- Created system for students to track exercise and personal fitness progress through the Canvas learning management system to monitor student completion
- Directed a new month-long program on body-image awareness and self-esteem using research-based approaches for middle adolescence

## COACHING EXPERIENCE

### **Karate Instructor (Summer)**

20xx-20xx

Karate 101 Studio

*Madison, WI*

- Tailored lesson plans to a variety of students to account for different learning styles
- Answered questions before and after class to promote student success and belt achievement

## INTERNSHIP EXPERIENCE

### **Physical Therapy Assistant Intern**

8/20xx-Present

Madison Physical Therapy

*Madison, WI*

- Shadowed therapists in daily patient interactions to understand rehabilitation experience and progress
- Worked side-by-side with chiropractors to develop an understanding of prevention, diagnosis, and treatment of different physical injuries and types of back pain
- Learned proper crisis management skills and procedures through staff seminars

## SKILLS

Professional Software: Microsoft Office, Google Workspace, Zoom, Airtable, Qualtrics

Educational Technology: Canvas, Google Classroom, NearPod, Mentimeter, Kahoot, FlipGrid, Quizlet